

# **Professional Disclosure Statement**

**Elizabeth Hartshorn, LPC, MAC**

**Full Circle Counseling, LLC, PO Box 1882, Wilsonville, OR 97070**

**Place of Practice: 15100 Boones Ferry Rd. # 800 C, Lake Oswego, OR 97035**

**www.fullcirclecounseling.com • www.fullcirclesupervision.com**

**(503) 588-2113**

## **SUPERVISION & COUNSELING SERVICES**

### **Background**

I have over 25 years of combined work experience in human services. Nineteen years of experience post-graduate. I am an OBPCLT approved clinical supervisor for registered LPC interns and a nationally certified master addiction counselor. I have been the proprietor of Full Circle Counseling, LLC since 2003. I am currently employed with St. Vincent's Providence Outpatient as an "on-call" therapist. I currently provide clinical supervision for registered interns, private counseling for adults ages 18-to senior. The emphasis of my work is in addictions, general mental health, K-12 education and adjunct faculty for higher education institutes and universities.

### **Philosophy and Approach**

I prefer to use a Jungian orientated humanistic, holistic, existential, approach to most counseling issues. At time modalities such as Cognitive-Behavioral, Dialectical Behavioral, Rational Emotive Behavioral may be most effective depending upon the unique circumstances of each individual I work with and supervise.

### **Formal Education and Training**

- Bachelor of Science in Psychology with an emphasis in addiction studies at the Union Institute and University, Cincinnati, Ohio 1993
- Master of Science in Counseling, Western Oregon University, 1999
- Clinical Supervision Certification July 19, 2013
- Advanced Clinical Supervision, February 2014
- Approved OBPCLT Clinical Supervisors, April 2015
- Certified Master Addiction Counselor, NAADAC, August 2016

### **License**

I am licensed with the Oregon Board of Professional Counselors and Therapists as a Licensed Professional Counselor. I participate in continuing education as a condition of licensure. As a licensee I abide by the OBPCLT code of ethics. I am Nationally Certified Master Addiction Counselor (MAC). I participate in monthly Jungian oriented consultation with Dr. Martha Blake, Jungian Analyst.

### **Fees for Counseling**

My fee for initial intake is \$195.00. Individual is \$145. I do accept most insurance plans. Regardless of what your insurance pays, you are still responsible for your bill. A sliding scale fee is available for people with low income or a high insurance deductible. I charge the full fee for a no-show or less than 24 hour cancellation.

### **Fees for Clinical Supervision**

Clinical supervision individual fees are \$80-\$150, depending on caseload per hour. Most sessions are 60-90 minutes. Supervision of Supervision is \$150.00 per hour. This is based on the number of clients the intern is supervising. Group supervision is \$50.00 per hour (minimum 3 people). Most group sessions last 90-120 minutes. I bill after the first 15 minutes for phone consultations, emails and documentation (other than my required supervision notes and reports to OBPCLT related to clinical supervision).

### **Client Bill of Rights:**

As a client of a Licensed Professional Counselor, you have the following rights:

- To expect that a Licensee has met the minimal qualifications of training and experience required by state law.
- To examine public records maintained by the OBPCLT and to have the Board confirm credentials of a Licensee.
- To obtain a copy of the Code of Ethics for Professional Counselors.
- To report complaints to the OBPCLT.
- To be informed of the cost of professional services before receiving the services.
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, excluding the following exceptions:

- a) Reporting suspected child abuse
- b) Reporting imminent danger to client or others
- c) Reporting information required in court proceedings or by client's insurance company or other relevant agencies
- d) Providing information concerning licensee case consultation or supervision
- e) Defending claims brought by client against licensee

Freedom from discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

**You may obtain information about the status of licensees at the Oregon Board of Professional Counselors and Therapists: Address: 3218 Pringle Rd. SE #120, Salem, OR 97302 Phone: (503) 378-5499 Website: [www.oregon.gov/oblpc/Pages/index.aspx](http://www.oregon.gov/oblpc/Pages/index.aspx) Email: [lpct.board@state.or.us](mailto:lpct.board@state.or.us)**